

National Institute of Mental Health Outreach Partnership Program

Update

May 15, 2007

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<http://www.nimh.nih.gov/outreach/partners/updatelistserv.cfm>

**DEPARTMENT OF HEALTH AND HUMAN SERVICES
National Institutes of Health
National Institute of Mental Health
Office of Constituency Relations and Public Liaison**

Science and Service News Updates

NIMH: Genetic Roots of Bipolar Disorder Revealed by First Genome-Wide Study of Illness—Targeting Enzyme Produced by a Specific Gene May Lead to Better Medications

The likelihood of developing bipolar disorder depends in part on the combined, small effects of variations in many different genes in the brain, none of which is powerful enough to cause the disease by itself, a new study shows. However, targeting the enzyme produced by one of these genes could lead to development of new, more effective medications. The research was conducted by scientists at NIMH, with others from the Universities of Heidelberg and Bonn and a number of U.S. facilities collaborating in a major project called the NIMH Genetics Initiative. The study is the first to scan virtually all of the variations in human genes to find those associated with bipolar disorder. Results were published online May 8, 2007, in *Molecular Psychiatry*.

Press release: <http://www.nimh.nih.gov/press/mcmahon-bipolar-genetics.cfm>

NIMH: Bipolar Spectrum Disorder May Be Underrecognized and Improperly Treated

A new study supports earlier estimates of the prevalence of bipolar disorder in the U.S. population, and suggests the illness may be more accurately characterized as a spectrum disorder. It also finds that many people with the illness are not receiving appropriate treatment. The study, published in the May 2007 issue of *Archives of General Psychiatry*, analyzed data from the National Comorbidity Survey Replication (NCS-R), a nationwide survey of mental disorders among 9,282 Americans ages 18 and older funded by the NIMH.

Press release: <http://www.nimh.nih.gov/press/bipolarsurvey.cfm>

NIMH: In Second Try to Treat Depression, Cognitive Therapy Generally As Effective As Medication

Switching to or adding cognitive therapy after a first unsuccessful attempt at treating depression with an antidepressant medication is generally as effective as switching to or adding another medication, but remission may take longer to achieve. These results, which are part of the NIMH-funded Sequenced Treatment Alternatives to Relieve Depression (STAR*D) trial, are published in the May 2007 issue of the *American Journal of Psychiatry*. The STAR*D trial examined four levels of treatment for difficult-to-treat depression, all of which tested different medications and medication combinations.

Science update: <http://www.nimh.nih.gov/press/stardcognitivetherapy.cfm>

For more information about the STAR*D trial and results from the four levels of treatment involving medications: <http://www.nimh.nih.gov/healthinformation/stard.cfm>

NIMH: Cell Networking Keeps Brain's Master Clock Ticking

Each day, a master clock in the brain synchronizes the timing of lesser clocks in cells throughout the body to the rising and setting of the sun, regulating such daily rhythms as sleep, body temperature, eating, and activity. Scientists funded in part by the NIMH have now discovered that the secret to this master clock's robust time-keeping ability lies in the unique way its cells work together. Researchers report on their study online in *Cell*, May 3, 2007.

Science update, includes video: <http://www.nimh.nih.gov/press/masterclock.cfm>

NIMH: Cortex Area Thinner in Youth with Alzheimer's-Related Gene

A part of the brain first affected by Alzheimer's disease is thinner in youth with a risk gene for the disorder, a brain imaging study by NIMH researchers, has found. A thinner entorhinal cortex, a structure in the lower middle part of the brain's outer mantle, may render these youth more susceptible to degenerative changes and mental decline later in life, propose researchers. They report on how variation in the gene for apolipoprotein (ApoE), which plays a critical role in repair of brain cells, affects development of this learning and memory hub in the June, 2007 *Lancet Neurology*.

Press release: <http://www.nimh.nih.gov/press/alzheimerscortex.cfm>

NIH Survey Shows Most People With Drug Use Disorders Never Get Treatment: Authors Recommend National Educational Campaign to Destigmatize Drug Disorders

Only 8 percent of people identified as drug abusers, and fewer than 40 percent of those diagnosed with drug dependence, have ever gotten any kind of intervention or treatment, according to the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC). The study was conducted by scientists from the National Institute on Drug Abuse (NIDA) and the National Institute on Alcohol Abuse and Alcoholism (NIAAA). The survey results, published in the May 2007 issue of the *Archives of General Psychiatry*, show that rates of drug abuse and dependence are generally higher among certain populations, including men, respondents aged 18 to 44 years, and people who have never married.

Press release: <http://www.nida.nih.gov/newsroom/07/NR5-07.html>

SAMHSA: Systems of Care Promote Stability, Security, Safety for Children and Youth With Serious Mental Health Needs—National Evaluation Data Show Effectiveness of Comprehensive School- and Community-Based Strategies

Children and youth in systems of care are less likely to engage in self-harmful behaviors, demonstrate fewer emotional and behavioral problems and do better in school than before enrollment, according to data released by the Substance Abuse and Mental Health Services Administration (SAMHSA) during a Capitol Hill briefing. Within SAMHSA's Comprehensive Community Mental Health Services Program for Children and Their Families, children and youth with serious mental health needs make substantial improvements at home, at school and in the community when served through systems of care.

Press release: <http://www.samhsa.gov/newsroom/advisories/070508soc5612.aspx>

More information about Systems of Care: <http://www.systemsofcare.samhsa.gov/>

FDA Proposes New Warnings About Suicidal Thinking, Behavior in Young Adults Who Take Antidepressant Medications

The U.S. Food and Drug Administration (FDA) proposed that makers of all antidepressant medications update the existing black box warning on their products' labeling to include warnings about increased risks of suicidal thinking and behavior, known as suicidality, in young adults ages 18 to 24 during initial treatment (generally the first one to two months). The proposed labeling changes also include language stating that scientific data did not show this increased risk in adults older than 24, and that adults ages 65 and older taking antidepressants have a decreased risk of suicidality. The proposed warning statements emphasize that depression and certain other serious psychiatric disorders are themselves the most important causes of suicide.

Press release: <http://www.fda.gov/bbs/topics/NEWS/2007/NEW01624.html>

FDA Approves Neupro Patch for Treatment of Early Parkinson's Disease

The FDA announced the approval of Neupro (rotigotine transdermal system), a skin patch designed to treat symptoms of early Parkinson's disease. Rotigotine is a drug not previously approved in the United States. Neupro is the first transdermal patch approved for the treatment of symptoms of Parkinson's disease.

Press release: <http://www.fda.gov/bbs/topics/NEWS/2007/NEW01631.html>

FDA Approves First Generic Versions of Ambien (Zolpidem Tartrate) for the Treatment of Insomnia

The FDA approved the first generic versions of Ambien (zolpidem tartrate) immediate-release tablets. Zolpidem tartrate is a sedative-hypnotic drug indicated for the short-term treatment of insomnia.

Press release: <http://www.fda.gov/bbs/topics/NEWS/2007/NEW01616.html>

U.S. Army: Mental Health Advisory Team IV Findings Released

A team of Army experts who studied the mental health of soldiers and Marines in Iraq between August and October last year concluded that there is a "robust" system in place to provide mental health care, but issues continue with the stress of a combat deployment. This was the first time Marines had been included in this Mental Health Advisory Team study. At the request of the leadership in theatre, this team for the first time examined the ethical behavior of U.S. troops so that battlefield ethics training can be improved.

Press release: <http://www.armymedicine.army.mil/news/releases/20070504mhat.cfm>

Full report: http://www.armymedicine.army.mil/news/mhat/mhat_iv/mhat-iv.cfm

Resources: Publications, Toolkits, Other Resources

New Online Fact Sheets on the NIMH Web Site

Post-Traumatic Stress Disorder Research Fact Sheet

This revised research fact sheet available only online provides an overview that summarizes NIMH research into post-traumatic stress disorder.

<http://www.nimh.nih.gov/publicat/post-traumatic-stress-disorder-research-fact-sheet.cfm>

Older Adults: Depression and Suicide Facts

This revised research fact sheet available only online provides a brief overview of the statistics on depression and suicide in older adults, with information on depression treatments and suicide prevention.

<http://www.nimh.nih.gov/publicat/elderlydepsuicide.cfm>

New on the NIDA Web Site

Latest NIDA Notes

This issue of *NIDA Notes* includes a message from NIDA director on addiction and co-occurring mental disorders as well as summaries of recent NIDA-funded research findings.

http://www.nida.nih.gov/NIDA_notes/NNvol21N2/Index.html

Latest NewsScan

This issue of *NewsScan* highlights NIDA-supported studies that address the multifaceted issues relating to HIV/AIDS.

http://www.nih.gov/news/pr/may2007/nidanews_05082007.pdf

Latest SAMHSA News Available

This issue of *SAMHSA News* highlights the SSI/SSDI Outreach, Access, and Recovery (SOAR) Initiative, a federal interagency initiative that helps homeless individuals, most of whom also have serious mental illnesses obtain benefits.

http://www.samhsa.gov/SAMHSA_News/VolumeXV_2/article1.htm

SAMHSA: Best Practices Registry for Suicide Prevention Launched

SAMHSA's Suicide Prevention Resource Center and the American Foundation for Suicide Prevention have collaborated to create a Best Practices Registry specific to suicide prevention. Divided into three sections, including Evidence-Based Programs, Expert and Consensus Statements, and Adherence to Standards, this registry is designed to support program planners in creating effective suicide prevention programs. Users can access frequently asked questions and learn how to submit their program for review and possible inclusion in the registry.

http://www.sprc.org/featured_resources/bpr/index.asp

SAMHSA: New Faith-Based Resources Addressing Suicide Prevention

Two resources addressing suicide prevention and faith-based communities are now available from SAMHSA's Suicide Prevention Resource Center (SPRC):

Meeting Summary and Recommendations: Clergy Workgroup on Suicide Prevention and Aftercare

This document summarizes a workgroup meeting held to identify clergy needs related to preventing and responding to suicide in the church community.

<http://www.sprc.org/library/faithbasedconf.pdf>

Resource Scan of Faith-based Materials Addressing Suicide Prevention

This resource is a compilation of information on readily available materials for faith-based communities related to preventing suicide and promoting mental health.

<http://www.sprc.org/library/faithscan.pdf>

SAMHSA: Businesses Materials for a Mental Health Friendly Workplace

This booklet, *A Mental Health Friendly Workplace: It's in Every Company's Best Interest*, invites business leaders to take a serious look at the role of their employees' mental health and how it relates to both their well-being and the bottom line. This brochure contains information and tools for human resource personnel and managers to use in developing a mental health friendly workplace.

http://allmentalhealth.samhsa.gov/business_execs.html

HRSA Booklet Promotes Greater Awareness of Perinatal Depression

This new booklet on depression during and after pregnancy (perinatal depression) released by the Health Resources and Services Administration (HRSA) contains tips on identifying the condition in mothers and offers six steps to help treat it successfully.

Depression During and After Pregnancy: A Resource for Women, Their Families, and Friends is designed to increase awareness among women and clinicians of perinatal depression's impact and pervasiveness.

<http://www.mchb.hrsa.gov/pregnancyandbeyond/depression/>

OMH: Demystifying Mental Illness in Any and All Languages

This Office of Minority Health (OMH) article discusses the cultural and linguistic challenges in providing mental health care in a multicultural society.

<http://www.omhrc.gov/templates/browse.aspx?lvl=2&lvlID=19>

U.S. Army: New Behavioral Health Website Offers Answers

This new web site from the U.S. Army Medical Department provides resources and information regarding mental well-being for soldiers and their family members. Topics include behavioral-health needs before, during and after deployments; pre- and post-deployment health assessments; post-traumatic stress disorder; suicide prevention; Battlemind training; and resources where soldiers and families can get help. Links and points of contact are provided for additional information.

<http://www.behavioralhealth.army.mil/>

Calls for Applications

Alternatives 2007: Scholarships Available

St. Louis, Missouri, October 10-14, 2007

Alternatives 2007, the national mental health conference organized by and for mental health consumers and survivors is hosted by the National Mental Health Consumer Self-Help Clearinghouse with support from SAMHSA/CMHS. Scholarship applications are being accepted until May 25, 2007. Download an application:

<http://www.alternatives2007.org/registration.html>

Calendar of Events

Special Research Track: The Science of Addiction—Translating New Insights into Better Psychiatric Practice

San Diego, California, May 19-24, 2007

NIDA will present a special research-based program track at the American Psychiatric Association's 160th Annual Meeting. The sessions will highlight the translation of the new research findings into psychiatric practice.

<http://www.nida.nih.gov/newsroom/07/NR4-19.html>

Health Observance: Schizophrenia Awareness Week

May 20-26, 2007

This special observance helps to raise public awareness regarding schizophrenia. This year's theme is "Realizing Recovery, Shattering Stigma."

<http://www.healthfinder.gov/library/nho/nho.asp?year=2007#368>

Webcast: Working with Homeless and Runaway Youth

May 24, 2007, 2:00-3:30 PM ET

This call is a part of SAMHSA's National Child Traumatic Stress Network Culture and Trauma Teleconference Series.

http://www.ncetsnet.org/nccts/nav.do?pid=ctr_top_train_tele_culsched

Webcast: The Financial and Medical Benefits of Treatment for Health Care Providers and Insurers

June 6, 2007

This Center for Substance Abuse Treatment webcast will examine the insurance and health care benefits and options for individuals seeking treatment or individuals already in recovery from addiction to drugs and/or alcohol. In addition, the show will examine the cost benefits to health care providers and insurers of investing in treatment for substance abuse and mental health disorders, and will provide tips for screening, diagnosing, treating, or referring a patient with a substance use disorder.

<http://ncadi.samhsa.gov/multimedia/webcasts/w.aspx?ID=492>

2007 IHS/SAMHSA National Behavioral Conference—Weaving It All Together

Albuquerque, New Mexico, June 11-14, 2007

The purpose of this national conference sponsored by the Indian Health Service (IHS) and SAMHSA is to develop mental health, alcohol and substance abuse treatment and prevention discussions, recommendations, and opportunities for collaboration and coordination in the interest of behavioral health in Indian communities. Additionally the conference provides CEU training opportunities for behavioral health professionals in areas such as cultural competencies and ethics.

<http://www.kauffmaninc.com/2007bhconference/>

Webcast: Treatment and Recovery—Reducing the Burden on the Justice System and Society

July 5, 2007

This Center for Substance Abuse Treatment webcast will look at the relationship between addiction treatment and recovery and the criminal justice system. It will focus on both the practical and economic benefits to society from treating substance abuse and dependence issues surrounding the criminal justice system.

<http://ncadi.samhsa.gov/multimedia/webcasts/w.aspx?ID=493>

NIMH Annual International Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS

San Francisco, California, July 25-27, 2007

This NIMH conference is designed to present research findings on family processes and HIV disease. This year's conference theme is "Responding to the Social Context of HIV Risk: The Role of Families and Support Networks."

<http://www.nimh.nih.gov/scientificmeetings/hivaids2007.cfm>

Conference: Research for Native Health—Strengthening Partnerships, Promoting Trust, and Increasing Communication

Denver, Colorado, August 22-23, 2007

The U.S. Department of Health and Human Services' Office of Public Health and Science is hosting this conference to provide opportunities to improve the dialogue between Tribal Nations, academic scientists, government researchers, American Indian community representatives, policymakers, and funders regarding key issues involving human research, ethics, tribal sovereignty, and the role of Institutional Review Boards in tribal decision making.

<http://www.omhrc.gov/templates/content.aspx?ID=5042&lvl=1&lvlID=11>

2007 National Prevention and Health Promotion Summit—Creating a Culture of Wellness

Washington, DC, November 27-29, 2007

The U.S. Department of Health and Human Services' Office of Disease Prevention and Health Promotion and the Centers for Disease Control and Prevention will host this event to unite health professionals, business entrepreneurs, and government leaders at all levels who are dedicated to health promotion, chronic disease prevention, health preparedness, birth defects, disabilities, genomics, and wellness. The summit will feature prominent national speakers, the Secretary's Innovation in Prevention Awards, and an opportunity to showcase new approaches to prevention and health promotion – including innovations that promote regular physical activity, eating a healthful diet, taking advantage of medical screenings, and making healthy choices to avoid risky behaviors. Abstract submissions are now being accepted through June 11, 2007 at:

<http://www.cdc.gov/cochp/conference/index.htm>

Funding Information**Children's Bureau Discretionary Grant Announcements Available**

The Children's Bureau has begun to publish discretionary grant announcements for fiscal year (FY) 2007. The Bureau uses a competitive peer-review process to award discretionary grants for research and demonstration projects to state, Tribal, and local agencies; faith-based and community-based organizations; and other nonprofit and for-profit groups. Separate funding announcements will be released for each discretionary grant.

http://www.acf.hhs.gov/programs/cb/programs_fund/discretionary/fy07_index.htm

Programmatic Funding Opportunities**HRSA: Geriatric Training Program for Physicians, Dentists, and Behavioral and Mental Health Professions**

<http://www.grants.gov/search/search.do?oppId=13600&mode=VIEW>

Research Funding Opportunities

(PAs and RFAs to share with scientific advisors)

NIH Program Announcements (PAs)

[Full listing of NIH PAs at <http://grants2.nih.gov/grants/guide/pa-files/index.html>]

AIDS International Training and Research Program (D43)

<http://grants.nih.gov/grants/guide/pa-files/PAR-07-348.html>

Preapplication for Cheminformatics Research Centers (X02)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-353.html>

National Institutes of Health Rapid Access to Interventional Development (NIH-RAID Pilot) (X01)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-358.html>

Implicating Noncoding RNAs in the Genetics of Mental Disorders (Collaborative 01)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-370.html>

Implicating Noncoding RNAs in the Genetics of Mental Disorders (Collaborative R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-371.html>

Implicating Noncoding RNAs in the Genetics of Mental Disorders (R21)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-372.html>

Medications Development for the Treatment of Cannabis-Related Disorders (R21)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-366.html>

Medications Development for the Treatment of Cannabis-Related Disorders (R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-365.html>

Preapplication for the Molecular Libraries Probe Production Centers Network (MLPCN) [X02]

<http://grants.nih.gov/grants/guide/pa-files/PA-07-368.html>

NIH Request for Applications (RFAs)

[Full listing of NIH RFAs at <http://grants2.nih.gov/grants/guide/rfa-files/index.html>]

None.

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) with support from the National Institute on Drug Abuse (NIDA) and in cooperation with the Substance Abuse and Mental Health Services Administration (SAMHSA) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information on the NIMH Outreach Program please visit <http://www.nimh.nih.gov/outreach/partners/>.

To subscribe to receive the *Update* every two weeks, go to:
<http://www.nimh.nih.gov/outreach/partners/updatelistserv.cfm>

The information provided in the NIMH Update is intended for use by the Outreach Partners, National Partners, and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education, and partnership programs.